

## Professional Experience

Great Lakes Psychiatrists - Interventional Pain Specialist - Present  
Great Lakes Foot and Ankle - Peripheral Nerve Stimulator Clinic - Founder/Physician 2019-Present  
Blue Water Pain Specialists - Medical Director and Pain Specialists 2013-2020  
Independent Medical Examiner - Medical Evaluation Solutions/Axiom/Med Source (2015-2019)  
Clinical Instructor / (KOL)Key Opinion Leader (Medical Device) – Avanos 2016-2020  
Consultant/Clinical Instructor/Technology Advisory Board – Stimwave 2018-2019  
Chief Medical Officer - Integrated Speech and Behavioral Medicine

## Education

Fellowship	University of Michigan Pain Medicine (Department of Anesthesiology) Ann Arbor, Michigan July 2012-June 2013
Residency	Northwestern University, Feinberg School of Medicine Department of Anesthesiology Chicago, Illinois Chief Resident 2011-2012
Transitional Internship	St. John Hospital and Medical Center Detroit, Michigan July, 2008- June, 2009
Medical Doctorate	Wayne State University School of Medicine Detroit, Michigan August, 2004- June, 2008
Bachelors of Arts, Zoology	Miami University Oxford, Ohio August, 1999- May, 2003
High School	Cranbrook/Kingswood Bloomfield Hills, MI 1995 1999

## Publications/Presentations

### Peer Reviewed Journal Articles/Abstracts/Societal Presentations

Pollina R, Sturgis C, Patterson J, Patterson BK. Rapid, high throughput determination of cervical cytology specimen adequacy using capillary-based cytometer. *Cytometry B Clin Cytom.* 2008 Mar;7429:133-6 PMID 18044721

Pollina R, Benzon HT, Kendall M. Anatomic study to assist in ankle blocks. ASRA Regional Anesthesia Meeting, San Diego, California March 2012, Midwest Anesthesia Resident Conference Annual Meeting, Chicago, Illinois, April, 2011

Pollina, R, Walega,D/ Fluoroscopic and nerve-stimulator –guided diagnostic blockade of the pudendal nerve: A case series. Midwest Pain Society Annual Meeting. Chicago, Illinois, October, 2011

Pollina R, Benzon HT, McCarthy RM. Determination of the residual activity of clopidogrel. Midwest Anesthesia Resident Conference, Chicago Illinois, April 2011, First Place Patient Safety Group

Pollina R, Doty R. Total knee replacement in a patient with myelodysplasia and bronchiectasis. Presented at the Midwest Anesthesia Resident Conference, Cincinnati, Ohio, February 2010

Pollina R, McCarthy RJ. Comparison of BIS and SNAP processed EEG monitors for Detection of Levels of Sedation. Midwest Anesthesia Conference. Chicago, IL, March 2012, Third Place, Equipment Group

## **Memberships/Board Membership**

2014- Present	North American Neuromodulation Society
2011-Present	American Society of Regional Anesthesia
2007-Present	American Society of Anesthesiologists
2103-Present	Michigan Society of Anesthesiologists
2003-2008	American Medical Student Association
2003-2008	Michigan State Medical Society
1999-Present	Cranbrook Alumni Association

## **Committee Service**

2015-Present	Ascension/St John Hospital – Steroid Task Force
2016-Present	Board of Directors – Integrated Speech and behavior
2014-Present	Board Member – Cranbrook-Kingswood Alumni Association
2011-2012	Chief Resident – Northwestern University (Anesthesiology)
2009-2012	Education Committee Resident Representative - Northwestern University
2010-2012	Anesthesia Operations Committee - Northwestern University
2010-2012	Clinical Competency Committee - Northwestern University
2010-2012	Coordinator/Founder - Peer Mentorship Program - Northwestern University
2008-2009	GME Committee - St. John Hospital
2008-2009	Technology Committee – St. John Hospital

## **Licensure**

Michigan                      4301092473              Expiration: 1/31/2023

## **Awards**

2014, 2015, 2016, 2017, 2018, 2019 “Hour Magazine” Top Doc – Pain Medicine  
2008 Anna & Charles Pokriefka Award for Clinical Excellence (Honors Year 3 and 4)  
“Physician of the Year” – St John Hospital & Medical Center – Podiatry Residency

## **Certifications**

Anesthesiology - American Board of Anesthesiology - Board Certified 2013-Present  
Pain Medicine - American Board of Anesthesiology - Board Certified 2014- Present

